

WHAT IS CLAIMED IS:

1. A personal cleansing composition comprising:
 - a) from about 5 to about 50 weight percent of a detergentsurfactant,
 - b) from at least about 0.1 weight percent of irregularly shaped particles having a particle size of at least 0.01 micron,
 - c) from at least about 0.1 weight percent of spherical particles having a particle size of at least 0.01 micron,
 - d) from about 20 weight percent of an aqueous carrier, wherein the median particle size of said spherical particle is greater than the median particle size of said irregularly shaped particle.
2. The personal cleansing composition of claim 1 further comprising a cationic polymer.
3. The personal cleansing composition of claim 2 wherein said cationic polymer has a charge density of from about 1.2 to about 7 meq/g and a molecular weight of from about 10,000 to about 10,000,000.
4. The personal cleansing composition of claim 2 wherein said cationic polymer is selected from the group consisting of cationic cellulose derivative and cationic guar gum derivative.
5. The personal cleansing composition of claim 2 wherein said cationic polymer has a charge density of from about 1.5 to about 3.0 meq/g.
6. The personal cleansing composition of claim 2 wherein said cationic polymer has a charge density of from about 1.7 to about 2.5 meq/g.
7. The personal cleansing composition of claim 1 wherein said spherical particle is selected from the group consisting of spherical polyethylenes, silicone resins, nylons, and mixtures thereof.
8. The personal cleansing composition of claim 1 wherein said spherical particle is a spherical polyethylene.
9. The personal cleansing composition of claim 1 wherein said irregularly shaped particle is selected from the group consisting of metal oxides, silicas, aluminas, and mixtures thereof.
10. The personal cleansing composition of claim 1 wherein said irregularly shaped particle is a precipitated silica.
11. The personal cleansing composition of claim 1 wherein said spherical particle is from about 0.1 to about 100 microns.
12. The personal cleansing composition of claim 1 wherein said spherical particle is from about 0.5 to about 60 microns.

13. The personal cleansing composition of claim 1 wherein said spherical particle is from about 1 to about 40 microns.
14. The personal cleansing composition of claim 1 further comprising a conditioning agent.
15. The personal cleansing composition of claim 14 wherein the weight ratio of said conditioning agent to total particles of said composition is less than about 2:1.
16. The personal cleansing composition of claim 14 wherein the weight ratio of said conditioning agent to total particles of said composition is less than about 1:1.
17. A personal cleansing composition comprising:
 - a) from about 5 to about 50 weight percent of a detergents surfactant,
 - b) from at least about 0.1 weight percent of irregularly shaped particles having a particle size of at least 0.01 micron,
 - c) from at least about 0.1 weight percent of spherical particles having a particle size of at least 0.01 micron,
 - d) from about 20 weight percent of an aqueous carrier,
wherein the weight ratio of said spherical particles to said irregularly shaped particles is at least about 1:1.
18. A personal cleansing composition comprising:
 - a) from about 5 to about 50 weight percent of a detergents surfactant,
 - b) from at least about 0.1 weight percent of particles having a particle size of at least 0.01 micron,
 - c) from at least about 0.1 weight percent of spherical particles having a particle size of at least 0.01 micron,
 - d) from about 20 weight percent of an aqueous carrier,
wherein, after treatment with said personal cleansing composition, hair demonstrates a coefficient of friction of from about 1 to about 2.
19. The personal cleansing composition of claim 18 wherein said coefficient of friction is from about 1.1 to about 1.7.
20. A method of treating hair or skin by administering a safe and effective amount of said personal cleansing compositions.